

# Finally heard!

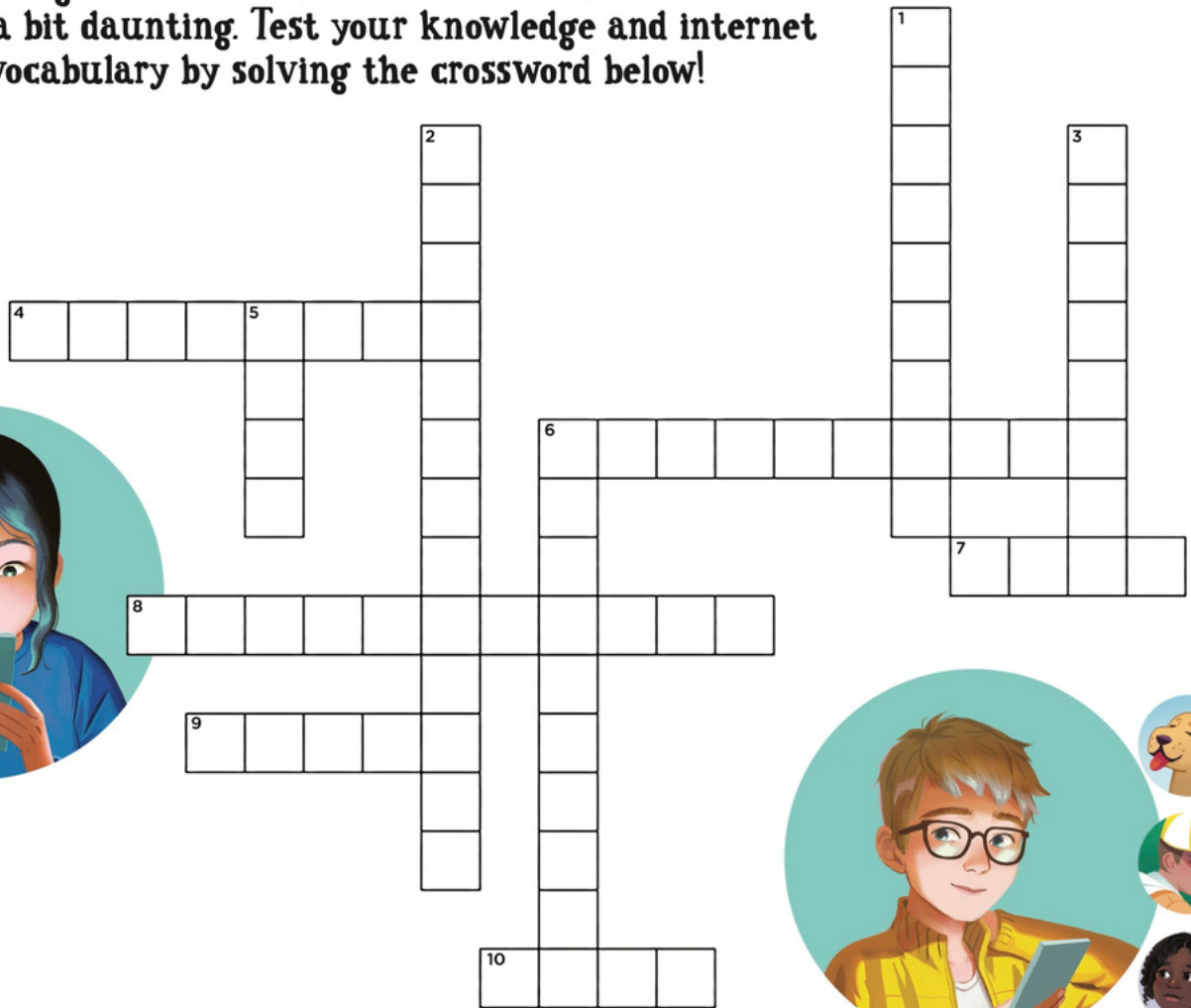


ACTIVITY BOOKLET



# Crossword!

Navigating the world of the internet and social media can be a bit daunting. Test your knowledge and internet vocabulary by solving the crossword below!



## ACROSS

4. A chemical released in the brain that creates feelings of happiness and euphoria. The amount of time we spend online can affect this chemical.
6. One of the easiest and most convenient devices that can access the internet. You may even have one!
7. Something shared on a social platform. It can be a few sentences, a photo, a video, or a link.
8. Facebook, TikTok, and YouTube are all examples of this.
9. A small image (often of a face) used in text conversation.
10. A stream of posts and content seen on the homepage of a social platform.

## DOWN

1. A set of rules and calculations used by social media platforms that determine which posts you see.
2. When someone uses technology to intimidate or harass another person.
3. What you should always use to approach any online or social posts and messages.
5. A humorous post of a formatted picture, video, or piece of text that can be replicated in many different variations.
6. The amount of hours we spend online, and a good thing to limit!



**Finally heard:** Written by KELLY YANG

ANSWERS  
ACROSS: 4-Dopamine;  
5-Smartphone; 7-Post; 8-Social  
Media; 9-Emoji; 10-Feed  
DOWN: 1-Algorithm;  
2-Cyberbullying; 3-Kindness;  
5-Meme; 6-Screen time

SIMON & SCHUSTER  
Books for Young Readers

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# Outdoors and offline!

It can be easy to lose track of time when you are scrolling. Use the space below to brainstorm some fun and social activities you can do away from your screens. Check off all the ones you accomplish!

- ☐ Go for a swim
- ☐ Play a board or card game with friends
- ☐ Read a book
- ☐
- ☐
- ☐
- ☐
- ☐



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